



Evidence-Based Design Journal Club
CEU Verification Form & Quiz

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Participant Name: _____

AIA Member #: _____

Provider Name: **The Center for Health Design** Provider Number: **Z009**

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AIA	Webinar Title	LU Hours	HSW
EBDCLUB34	EBD Journal Club: Understanding Older Adults' Perception and Usage of Indoor Lighting in Independent Senior Living	1.0	Yes

1. Older adults require _____A_____ times the light level and _____B_____ times the contrast level of a 20-year-old in order to perform the same task.
 - a. A: Two to Three, B: 1.5
 - b. A: Two to Three, B: 2.0
 - c. A: Three to four, B: 2.5
 - d. A: Three to four B: 3.0

Please select right eye disease in each question.

2. _____ was the most common cause of blindness; the lens of the eye slowly becomes cloudy and vision becomes blurred.
3. _____ is a progressive loss of peripheral vision, and light sensitivity and glare are common problems.
4. _____ is another leading cause of vision loss, leading to blurred vision, image distortion, reading difficulty, and the seeing of poorly lit details.
5. _____ is a significant cause of visual morbidity among older adults.

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Please find an answer according to research findings from this research paper.

6. According to this research finding, which was the most common activity of older adults in a living room?
 - a. Writing
 - b. Watching TV
 - c. Reading
 - d. Playing card game

7. According to this research finding, where was the highest fear of falling?
 - a. Living room
 - b. Kitchen
 - c. Bathroom
 - d. Dining

8. Which is the appropriate illuminance level in a living room from IESNA standard ambient light?
 - a. 100
 - b. 150
 - c. 200
 - d. 250

9. According to research finding, which area had the lowest illuminance level at a normal condition?
 - a. Living
 - b. Kitchen
 - c. Hallway
 - d. Bathroom

10. The international WELL building standards call for _____A_____ or more equivalent melanopic lux during daytime and _____B_____ lux during night time.
 - a. A: 100, B: 30
 - b. A: 150, B: 40
 - c. A: 200, B: 50
 - d. A: 250, B: 60