



Design for Healthy Aging: Innovative and Evidence-based Practices Across the Continuum of Care

January 25, 2024

The Workshop

As individuals age, physical, mental, and societal challenges become more prevalent. This intensive one-day virtual workshop explores those challenges and discusses programming and design interventions that can assist people (and care givers). Expert faculty will present case studies and examples that integrate architecture, design and technology into living environments that are not only safe, but foster wellness and longevity.

Faculty thought leaders and attendees will together explore gaps in the current system and consider the latest in design thinking for healthy aging in various settings across the continuum of care. Identify state-of-the-art best practices and possible new solutions that enhance access to nature, engagement with technology, resilience, and meaning and purpose. Through presentations, case studies and panel discussions, attendees will gain new insights, have opportunities to pose questions to workshop faculty, and interact with fellow attendees in fun and innovative ways.

Agenda

Time	Agenda Item
8:00 AM PT 11:00 AM ET	Welcome Opening Remarks & Introductions Addie Abushousheh, PhD, Assoc. AIA, EDAC, Research Associate, The Center for Health Design
8:05 AM PT 11:05 AM ET	Opening Keynote Presentation Opening the workshop with a presentation that outlines the state-of-the-practice in design for aging. Dr Allen Power, Internist, Geriatrician, and Schlegel Chair, Aging and Dementia Innovation, Schlegel—University of Waterloo Research Institute for Aging



<p>8:35 AM PT 11:35 AM ET</p>	<p>LGBTQ+/SGL - Affirming Settings for Older Adults: Safety and Celebration!</p> <p>Presenting faculty explore approaches and innovative housing developments that are not only safe – physically, mentally and emotionally, but that also honor and celebrate the unique life experiences, histories and cultures of older queer people.</p> <p>Sydney Kopp-Richardson, Director, SAGE’s National LGBTQ+ Elder Housing Initiative</p> <p>Karmen Cheung, Senior Developer, Pennrose, LLC</p>
<p>9:05 AM PT 12:05 PM PT</p>	<p>Inclusive Design: The Profession, Process, Product and People</p> <p>Inclusive healthcare environments serve everyone by design. We must understand the issues of an inclusive design approach to reach and exceed goals for meeting the needs of vulnerable and marginalized stakeholder groups.</p> <p>Nsenga Bansfield-Maathey, AIA, Healthcare Designer, HOK</p> <p>Christine Vandover IIDA, LEED AP, Sr. Project Interior Designer, HOK</p>
<p>9:35 AM PT 12:35 PM ET</p>	<p>West Coast Coffee Break / East Coast Lunch Break</p>



<p>10:05 AM PT 1:05 PM ET</p>	<p>The High Value of Low-Income Housing</p> <p>Presenting faculty share the keys to success in developing low-income senior housing. Uncover the evidence-based design strategies that have transformed challenges into triumphs. This session highlights the journey of successful housing solutions, emphasizing the resilience and dignity of our aging community members. Gain practical insights to contribute to similar initiatives in your own community and be part of a movement that champions affordable and compassionate housing solutions for our elders.</p> <p>Shirah Kasongo Cahill, RLA, Associate Landscape Architecture Manager, SWBR</p> <p>Amanda Loomis, CID, WELL AP, Associate Certified Interior Designer, SWBR</p>
<p>10:35 AM PT 1:35 PM ET</p>	<p>Up, Not Out – The Benefits of Vertical Building Expansion</p> <p>Explore how vertical building solutions in senior living can offer greater personalization opportunities, create strong connections to nature, provide residents with meaningful connections to the community, and align with sustainability goals.</p> <p>Dustin Julius, Associate Partner, RLPS Architects</p> <p>Brent Stebbins, Architectural Designer, RLPS Architects</p>
<p>11:05 AM PT 2:05 PM ET</p>	<p>Panel Discussion with Presenting Faculty</p> <p>Pose questions to the panelists and hear their responses and insights.</p>
<p>11:35 AM PT 2:35 PM ET</p>	<p>Audience Q&A with Presenters</p>



Noon PM PT 3:00 PM ET	Adjourn Day
12:05 PM PT 3:05 PM ET	Backstage Pass Join us for a post-workshop social event with workshop faculty.

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