

The Osborne Group



eli's place

Where recovery grows





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Executive Performance on Demand

*Mind the Gap: Design for Behavioral &
Mental Health in Much Needed
Settings & Circumstances*

True Story

- John was 23
- He suffered from chronic, serious depression
- Over the past 3 years he had been to a 2-week, and then a 6-week hospital-based treatment program for his serious depression
- He was on medication for his depression
- He was feeling suicidal and asked his Community Mental Health worker to take him to the hospital



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True Story Continued

- The hospital admitted him for assessment and told the Community Mental Health Worker that they would contact him when the assessment was completed (this was the tenth time in 3 years that John had gone to the Hospital ER Department in crisis
- 6 hours later the hospital discharged John without contacting the Community Mental Health Worker
- John returned to his apartment and.....
- died by suicide.....



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DISTURBING FACTS

- 1 in 5 young adults will suffer from a mental health illness
- 1 in 24 will suffer from a Serious Mental Health Illness
- Some will find current short-term hospital-based treatment programs successful, while others will not



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FACTS Continued

Those who do not have success with hospital-based treatment programs will have an:

- increased rate of homeless
- Increased rate of unemployment
- Increased rate of involvement with the law
- Increased drug and alcohol use
- Increased alienation from family & friends
- Increased rate of death by suicide



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Alternative Treatment Option

**A long-term residential rural, work-
based program that combines
Treatment & Recovery**



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Eli's Place in a Snapshot

Eli's Place will be the 1st program of its kind in Canada

BUT, it is NOT new.....

It is mirrored on Gould Farm in Massachusetts, a 109 year-old program. There are other similar programs in the US and around the world. They have been extensively researched and are proven effective!



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Eli's Place in a Snapshot

“From mental illness to hopeful futures”

Mirrored on Gould Farm in Massachusetts, Eli's Place will provide:

- long-term, rural residential treatment;
- a recovery-based program; and
- for young adults 19-35 who have serious mental illness.



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Eli's Place in a Snapshot

Eli's Place offers possibility.

Surrounded by nature, in a therapeutic community, using the **Recovery Framework** & proven clinical approaches, this setting will give participants the best possible path to build a successful life providing them with tools to live with their illness.



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Eli's Place - Core Elements

Therapeutic Community

- Blends therapy & recovery into everyday aspects of living

Integrated Care

- Includes a Work Program and Life Skills Development
- Focused on learning to live successfully with their MI

Graduated Transition to Community



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Eli's Place - Recovery Model

Focus on the person and quality of life

- as opposed to specific symptoms

Emphasis on skill-building

- fostering hope and self-efficacy

Individualized and dependent on strong therapeutic alliances and community support

- family, friends, and peers



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Elio's Place Recovery Model - Core Elements

Recovery Model

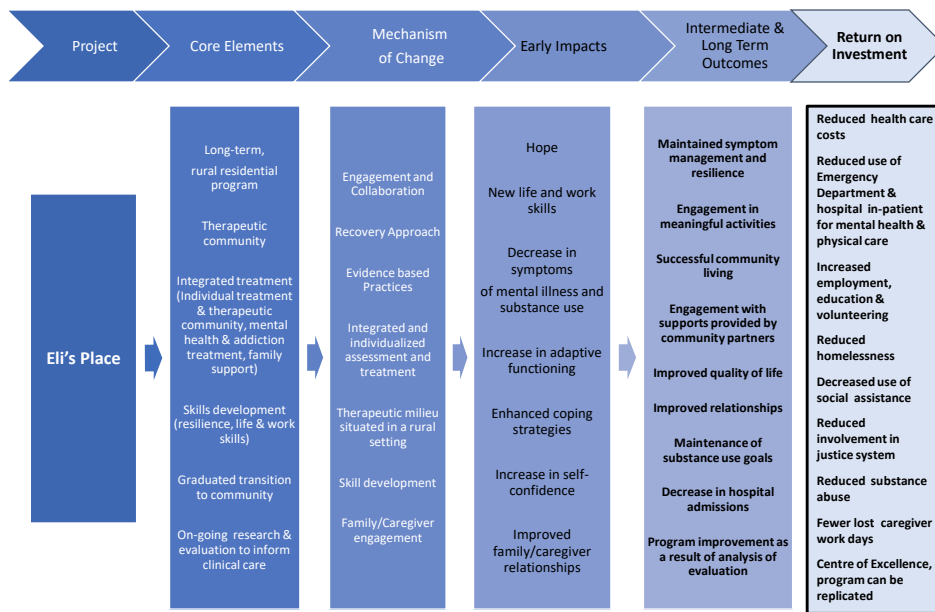
A holistic, person-centered approach to [mental health care](#). It is based on two simple premises:

1. It is possible to recover from a mental health condition.
2. The most effective recovery is patient-directed.

Recovery Is Possible

1. The core Principle is the belief that people can recover from mental illness to lead full, satisfying lives.
2. Until the mid-seventies, many practitioners believed that patients with mental health conditions were doomed to live with their illness forever and would not be able to contribute to society.

Eli's Place: Overarching Theory of Change



Eli's Place - Program Overview

Clinical Services

- Each Guest will work one-on-one with a licensed Social Worker and attend groups.
- A full-time Psychologist part-time consulting Psychiatrist
- Clinical staff, work team leaders and residential staff collaborate and integrate treatment
- Nurse Practitioner (NP) and medication management on site

Work Program

- Guests will take part in skill building programs that will include:
- Tending an organic farm
 - Caring for small farm animals
 - Maintaining an apiary and maple tree farm
 - Developing eco-tourism programs for visitors to cut their own Christmas tree and pick strawberries
 - Producing and selling honey, maple syrup, etc.

Residential Life

- 3 Guest residences (each with 14 bedrooms) with support for activities of daily living
- Evening and weekend activities
- Off campus town trips

Eli's Place - A Day in the Life

Time	Activity	Description
7:30	Breakfast	Eating family style
8:00	Morning Meeting	Work Team Leaders, Clinicians and Residents
9:00 – 11:00	Work Program	Collecting eggs, preparing meals, clearing trails, tap maple trees, plant and harvest, apiary program
11:00 – 12:00	Wellness and Group Activities	Activities to promote fitness, nutrition, mind/body connection, recovery support and transition. Individual therapy at this time and as scheduled through the day.
12:00	Lunch	Eating as a community
1:00 – 3:30	Work Program	
4:00	Team Time	Tea and snacks as a community, debrief the day
6:00	Dinner	Eating family style
7:00	Recreation and relaxation	Trips to community center, library, books and games in the common area; opportunity to pursue music and art activities
Weekends	Learning to recreate in spare time, focus on wellness	Includes off-campus trips to movies, recreation, religious services, etc.



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Eli's Place - Long Term Impacts of Model

- 1. Maintained symptom management and resilience**
- 2. Engagement in meaningful activities**
- 3. Successful community living**
- 4. Engagement with supports provided by community partners**
- 5. Improved quality of life**



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Eli's Place: Preliminary Renderings Design Perspectives



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Main Building Floor Plan (22,400 sq. ft):
 Main entrance & Reception area; Administrative office; Exercise Room; Art & Craft Therapy Room; Wellness Centre (Infirmary); Computer Lab; Music Therapy Room; Industrial Kitchen; Dining Room (sits 60); Great Room; Management Team offices (7); Clinical Team & Team Leaders offices (7).

Residence Floor Plan (3 residences at 8900 sq. ft each) :
 Bedrooms (14); Bathrooms (7); Library; Kitchenette; Residence Advisor Office, Bedroom & Bathroom; Family Room



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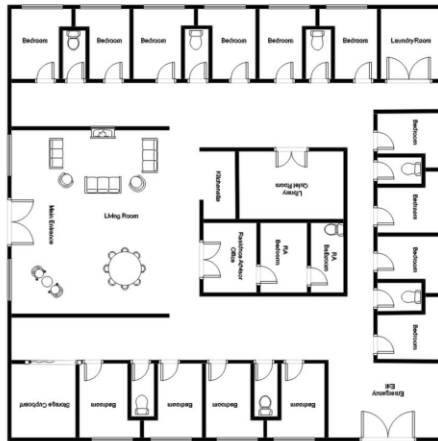
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Ellis Place
Residence
90 ft x 90 ft
8900 sq ft
(3 residences)



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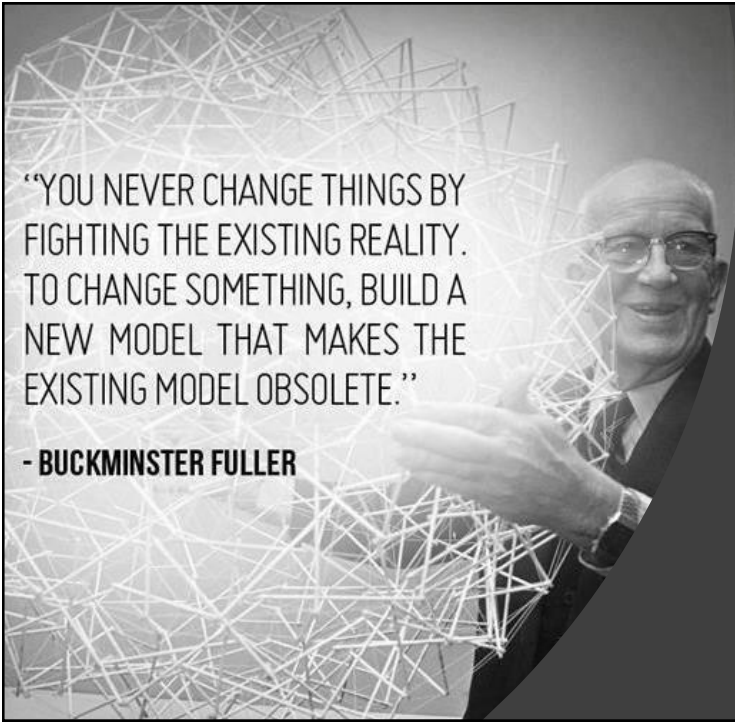
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“YOU NEVER CHANGE THINGS BY
FIGHTING THE EXISTING REALITY.
TO CHANGE SOMETHING, BUILD A
NEW MODEL THAT MAKES THE
EXISTING MODEL OBSOLETE.”

- BUCKMINSTER FULLER

In Summary

Thank you!

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