

Aging Well with Dementia

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Evolution

• The only constant ... is change

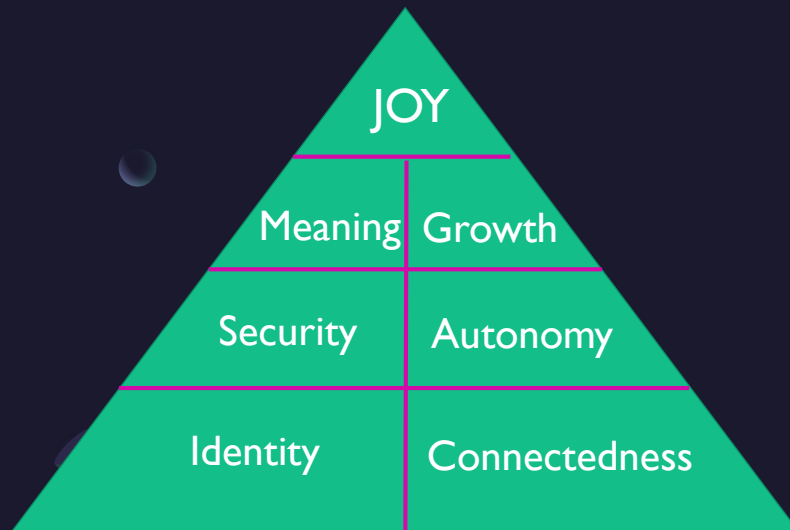
What is “Aging Well”

Different for each person

Hard to measure



AI Powers *Dimensions of Quality of Life*



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Powers, A. (2017). *Dementia Beyond Disease: Enhancing Well-Being (2nd Edition ed.)*. Baltimore: Health Professions Press.

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QoL-AD



- Physical health
- Energy
- Mood
- Living situation
- Memory
- Family
- Marriage
- Friends
- Money
- Self as a whole
- Ability to do chores around the house
- Ability to do things for fun
- Life as a whole



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Logsdon, R. G., Gibbons, L. E., McCurry, S. M., & Teri, L. (2002). Assessing Quality of Life in Older Adults With Cognitive Impairment(3), 510. Retrieved from <https://proxy.library.kent.edu/login?url=http://search.ebscohost.com/login.aspx?direct=true&AuthType=ip&dh=edshl&AN=RN114103342&site=eds-live&scope=site>

Language

The demented

Victim of or suffering from

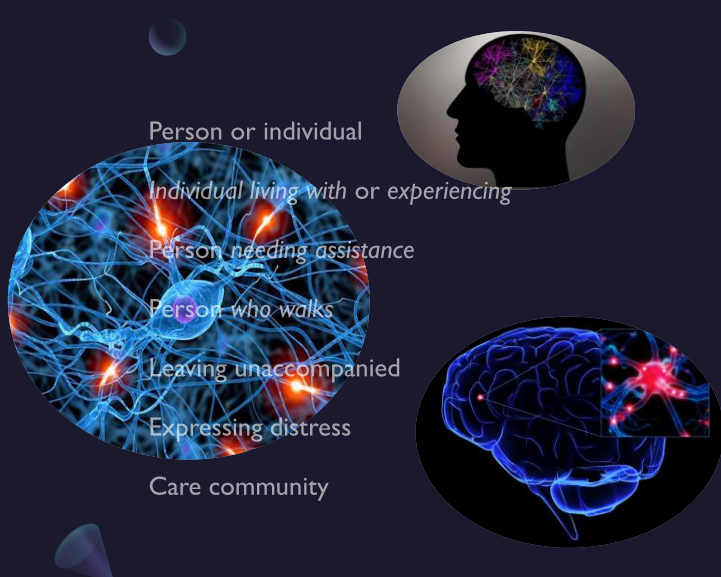
Feeder & feeding table

Wanderer, screamer

Elopement

Agitated

Facility



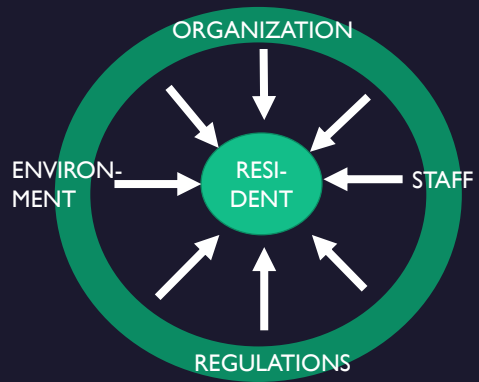
Language is important

- Culture Change



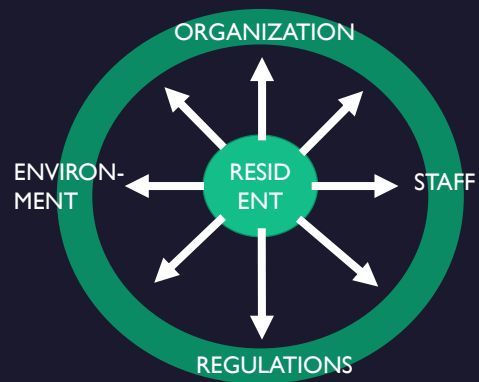
Language is important

- Person-Centered Care



Language is important

- Person-Centered Care
- **Person-Directed Care**



Language is important

SELF-Directed...

Relationship-based...

Living

It starts with

KNOW THE PERSON



What is Self-Directed, Relationship-Based Living?

- Autonomy and control
- Local decision-making
- Increased participation
- Greater individualization
- Meaningful relationships
- Respect for abilities
- Attention to built environment



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What do Quality of Life and Well-Being look like in shared residential settings?

Early SCUs

Locked doors on traditional units

No staff training

No programming

Nothing much to do





How bad is it?

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You've Come a Long Way Baby...

Living in a house/your home

Groups of 10-12 residents

Private rooms with en-suite

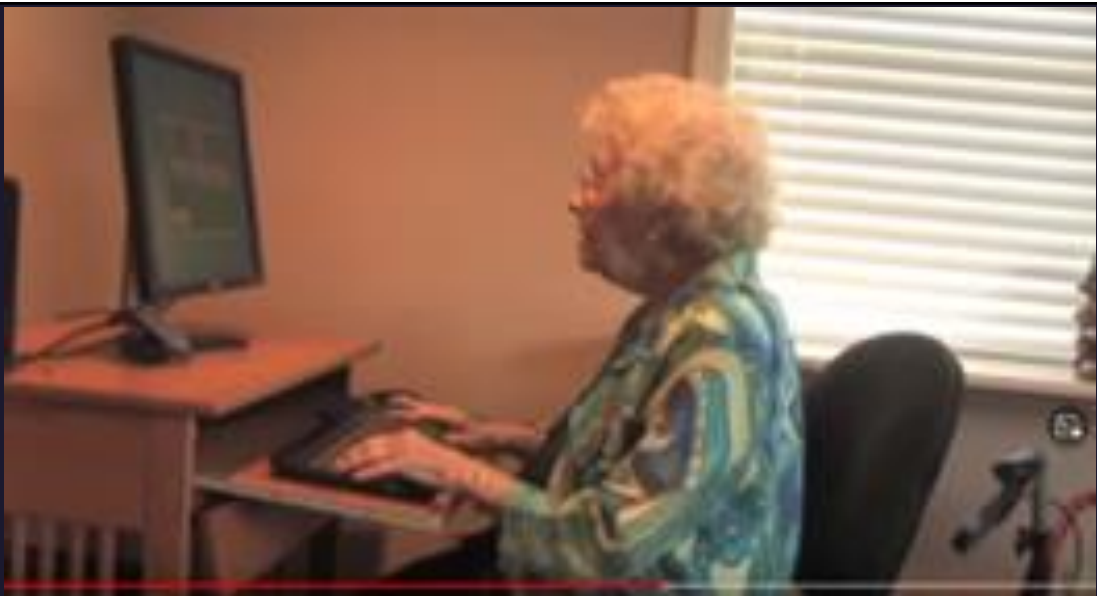
Consistent staff to support you

Fully accessible kitchen

Access to outdoor space

Pets living with you





How Good Can it Be?

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Disclosure: Calkins is on the Board for the Green House Project

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Core Design Principles



Know the Person

Support Continuity of Life

Personalization - beyond the
bedroom



Respect Abilities

Support Functional Abilities

Autonomy for self-determination

Core Design Principles



Compensate where necessary

Enhance orientation cues

Provide necessary safety supports

Build relationships

Diverse ways of gathering and doing

Privacy when desired

Core Design Principles

Design for fun and joy



Cypress Cove
Brad Smith, Landscape Architect

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Disclosure: Calkins was a consultant on this project

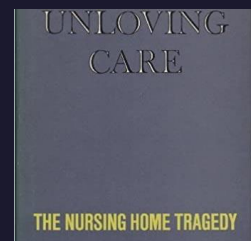
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Why the change?

Recognition in 1970's and 1980's
of how bad many nursing homes
were.

Publications – *Unloving Care*

Nursing Home Reform Act of 1984
and OBRA '87



Who led the change?

Lawton and Philadelphia Geriatric Center

SAGE: Society for the Advancement of Gerontological Environments

Eden Alternative

Pioneer Network

Action Pact

The Green House™ project

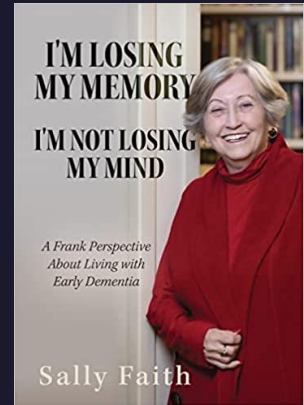


Who Else?

People Living with Dementia



Brian LeBlanc,
Alz. Assoc ESAG member





Nothing About Me

Without ME

Dementia Action Alliance

**“We don’t want to
just survive. We
want to live and
thrive.”**



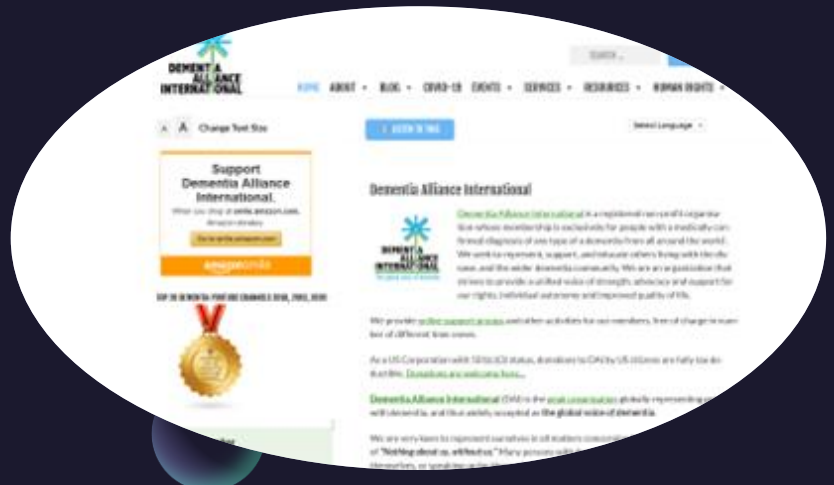
National Council of Dementia Minds

The National Council of Dementia Minds (NCDM) is a not-for-profit organization led by persons living with dementia whose vision is to transform the worldview of living with a Neurocognitive Disorder (NCD).



Dementia Action Alliance

DAI is an organization of, by, and for people with dementia, and whereby membership is free and open to people with dementia of any type and from any country.



Dementia Friendly Communities Initiative & Dementia Friendly America

Resources on
how to make
your community
more dementia-
friendly



<https://www.dfamerica.org/>



Summary

With PowerPoint, you can create presentations and share your work with others, wherever they are. Type the text you want here to get started. You can also add images, art, and videos on this template. Save to OneDrive and access your presentations from your computer, tablet, or phone.

Thank You

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